

## TIPS FOR ARC LEARNERS

**IMPORTANT: DO NOT SKIP THE PRE-ASSESSMENT!!!** Doing well on the pre-assessments could **shorten module timeframe** for areas you score competent in.

**IMPORTANT:** After completing the online module, you **must** complete the evaluation in order to receive your card. The evaluation can be found in the Learning Activities for the course.



### WEBSITES:

- CED has created the CPR Resource Center website for all things CPR related, there are FAQ's, job-aids, step-by-step guides and more. Even this guide will be located there:

<https://ced.muhealth.org/cpr>

- Want to sign up for an ARC class and are confused about how to do it? Go here for simple easy to follow directions with links:

<https://ced.muhealth.org/cprenrollment>

- Can't find your AHA card go to our CPR Resource page to find a link that will help you recover it:

<https://ced.muhealth.org/cpr>

## Manikins:

- Our new computerized manikins are super user friendly, easy to use and state of the art! You will be able to see brain perfusion during CPR, how well you're ventilating and filling the lungs, watch how effective your compressions truly are and so much more! Come try them out! They are actually a lot of fun to use!
- Checking off with a computerized manikin at CED Learning center NO LONGER REQUIRES AN APPOINTMENT!! They are available anytime Monday-Thursday 8am-3pm, come anytime it's convenient for you during those hours. There are 6 stations available!! Just go into room 1002 and log into to one of the 6 iPads available, it will prompt you from there!! SUPER SIMPLE!!

## Renewal timeframes, Notifications and access to info:

- SABA will no longer remind users that their certification is going to expire. Users that have AHA cards will be responsible to remember their date. Once users have obtained an ARC card, and are in the HealthStream system, reminders will be sent out before expiration.
- To be responsible and stewards of our organizations, resuscitation certification renewals will only be approved within 60 days of expiration.
- **You must complete the module and have your hands-on skills portion completed within 30 days of opening the module**

- Once you have an ARC card, you can always return to HealthStream to download or email a copy.
- The first time you start a course it will ask you to create an hStream ID by entering an email and password. You will reset your password using the email entered so if you use a personal email, even if you change jobs, or no longer have access to your MUHC email, you will always have access your information stored on HealthStream.
- Once you have completed an ARC course, you can return to the module anytime during the next 2 years to review any of the information. Just go to your COMPLETED tab, find the course and relaunch it. Once it has completed you can start from any point, or skip to any section as desired.  
\*\*pro tip: the provider manual is always accessible from within the module as well.

### **Live Classes:**

- Don't learn well on the computer? No problem! We still offer several completely live ALS or PALS classes a month. Simply go to: <https://ced.muhealth.org/cprenrollment> to find a live class that fits your schedule.
- Live classes no longer require pretests to be taken, but there is some prework. After enrolling, video links will be sent in an email. Please watch at your convenience prior to the start of class.
- Provider manuals may still be checked out from the Learning center during normal business hours.