

Finding Your Strengths

Complete the worksheet below and turn into your supervisor.

Supervisors: Review and draw out additional strengths your team members have.
Discuss individually during rounding.

Finish these statements.	Use these questions to help complete the statements.
I enjoy...	What do you like to do? When do you find yourself in the zone?
I am energized by...	What do you look forward to working on day to day? What aspects of projects do you look forward to? What motivates you?
Others say I...	Ask your colleagues. What do they say you do well?
I have performed well on...	What have you been complimented on or recognized for? What projects have you worked on recently? How were you successful?