



University of Missouri System

COLUMBIA | KANSAS CITY | ROLLA | ST. LOUIS

Dear colleagues,

Annual Enrollment for faculty and staff is October 23 – November 3, 2023. As always, we hope you will take some time to get to know your plan options and make an informed decision about the coverage that will work best for you in 2024.

Each year, the Office of Human Resources conducts a benefits review in collaboration with the UM System Office of Finance, our vendor partners and the Total Rewards Advisory Committee (TRAC), comprised of members representing faculty and staff from each university, MU Health Care and retirees (umurl.us/trac). This annual process helps us proactively manage costs and provide a competitive benefit to the university community.

Following this year's review, I am pleased to announce, as part of the new leave program structure, the university will now provide Short-Term Disability for all benefit-eligible staff and certain non-regular academic employees. The Base Plan is 100% university-paid and will provide 60% income replacement for up to 20 weeks due to a qualified medical disability. An employee paid Buy-Up Plan will also be offered to provide 100% income replacement. As part of this new offering, eligible employees have a unique opportunity to enroll in the Buy-Up Plan during Annual Enrollment without completing the usual statement of health process. Employees new to the university continue to have this opportunity as part of their initial enrollment.

The university will also change its vendor for life and disability insurance and Family Medical Leave from Unum to MetLife for the 2024 plan year. Employees will see decreased rates for Additional Life and Long-Term Disability, and more coverage options for Additional Life and some Dependent Life plans. There are also unique opportunities to elect or increase Additional Life and/or Dependent Life-Spouse without completing the usual statement of health process during Annual Enrollment.

Healthcare costs continue to rise nationally. Increases to the university's plans have been primarily driven by increased post-COVID utilization and high-cost claims. For 2024, employees will notice increases to medical plan and Dental Buy-Up Plan premiums.

Thank you for engaging in your benefit enrollment process. Please make use of the information included here and on our insurance plan webpages (umurl.us/health, as well as umurl.us/dlins). Staying engaged helps ensure you make the choice that best supports you and your family in the coming year.

Sincerely,

Marsha Fischer
Vice President for the Office of Human Resources, University of Missouri



Marsha Fischer
Vice President for Human Resources
University of Missouri

Need assistance?

Book a one-on-one appointment with your HR Generalist for personalized insurance and enrollment assistance (umurl.us/cbr). For additional assistance, visit AskHR (askhr.umsystem.edu) or contact the HR Service Center by phone at (573) 882-2146 (toll-free (800) 488-5288), and via email at hrrservicecenter@umsystem.edu. Learn more at umurl.us/hrsc.



Visit the Annual Enrollment webpage (umurl.us/enrollment) for additional information.

What's new for 2024

- **Short-Term Disability:** A new plan type for benefit-eligible staff and certain non-regular academic employees to replace income when unable to work due to qualified medical disability.
- **Disability and Life Insurance Vendor:** Disability and life insurance coverage transitions from Unum to MetLife. New coverage options and one-time opportunities to add or increase coverage without completing a statement of health form are available for some plans.
- **Monthly Premiums:** Medical premium increases from \$4–\$45 a month depending on plan and coverage level. Dental Buy-Up plan premium increases from \$3–\$15 a month depending on plan and coverage level. Decreases for Additional Life and Long-Term Disability premiums.
- **Medical Plans:** Increases to minimum prescription threshold and medical out-of-network out-of-pocket maximums across Custom Network and PPO Plans. Tiered PPO Plan primary and specialist care copays increase by \$5 for Tier 2 providers.
- **Annual Contribution Limits:** As approved by the IRS, Health Savings Accounts increase to \$4,150/individual and \$8,300/family. Health Care Flexible Spending Accounts increase to \$3,050.

Plans At-A-Glance

Healthy Savings Plan

High-deductible plan available regardless of location and administered by UnitedHealthcare. In general, has the lowest monthly premiums of all plans and can be coupled with a Health Savings Account with an annual university contribution to increase savings for health expenses. Learn more: umurl.us/HSP.

Custom Network Plan (Columbia and St. Louis)

Available to those who live or work in eligible counties near Columbia or St. Louis and administered by UnitedHealthcare. Features a narrow network of providers who offer quality care and share savings when you stay in-network. Participants only have in-network access to providers specific to that plan (i.e., Columbia or St. Louis). Columbia-area network has providers affiliated with MU Health Care and the St. Louis-area has providers affiliated with Mercy Health System. Learn more: umurl.us/CNP.

PPO Plan

Available to those who are not eligible for the Tiered Feature (see below) and administered through UnitedHealthcare. This traditionally structured plan has a broad network of providers but also generally highest premiums of the available plans. Participants pay deductibles for most medical expenses and prescription drugs even when using in-network services. Learn more: umurl.us/PPO.

PPO Plan with Tiered Feature (also called Tiered PPO Plan)

Available to those who live or work in eligible counties around Kansas City and Rolla and administered by UnitedHealthcare. Structured like the base PPO Plan (above), this plan offers two tiers within that same broad network of providers which may result in enhanced savings when using providers recognized as offering high-quality, cost-effective care. Learn more: umurl.us/TierPPO.

Dental (Dental Base Plan and Dental Buy Up Plan)

Administered by Delta Dental and available regardless of location. Two coverage options are available, the Dental Base Plan and the Dental Buy Up Plan. Both options cover three classes of reasonable and customary expenses: preventive, basic and major services, and the Buy Up Plan expands coverage to include orthodontics (\$1,500 maximum lifetime benefit), a lower deductible and higher annual maximum. No matter the provider, deductible and coinsurance remain the same if charges are reasonable and customary but using Delta Dental's networks can help provide savings. Learn more: umurl.us/dental.

Vision

Vision insurance is administered and available through VSP. The university does not subsidize premiums, but VSP provides a discounted group rate available at all locations where VSP is accepted. The plan does not have a deductible and offers coverage for a number of eye care expenses. Learn more: umurl.us/vision.

Disability and Life insurance

Employees have several options for life insurance to help give peace of mind. In fact, Basic Life and Short-Term Disability (benefit-eligible staff and certain non-regular academic employees) have options that are 100% university-paid—available at no cost to you. Other voluntary life and disability plan options are also available. The university does not subsidize premiums for these plans but negotiates to offer them at a reduced cost. MetLife administers all Life, Short-Term Disability, Long-Term Disability and Accidental Death and Dismemberment insurance options. Learn more: umurl.us/dlins.

Enroll in myHR

If you are a current faculty or staff member, Annual Enrollment is your annual opportunity to review and change your benefits for next year. If you do not make changes, your current enrollments will continue into the new calendar year, except for Flexible Spending Accounts (FSAs). **You must re-enroll in Health Care and Dependent Care FSAs each year.** Learn more: umurl.us/enrollment.

If you are a newly benefit-eligible faculty or staff member, you must take action during your initial enrollment period, even if your decision is to waive coverage. Otherwise, you will default to the self-only coverage level of the Healthy Savings Plan and pay taxes on your premiums. Learn more: umurl.us/enrolling.

Enroll in myHR (myhr.umsystem.edu) once you've decided which insurance plans are best for you:

- Visit myhr.umsystem.edu (Firefox or Chrome recommended) and log in.
- Click the "My Benefits" tile and select "Benefits Enrollment" from the left menu to access the self-service application.
- Follow the instructions provided to submit your plan choices or waive coverage. Click "Submit Enrollment" button.
- Once submitted, you will see "Benefits Alerts" pop-up confirming your submission and receive an email to your university email address.
 - If these options do not appear, you must enable pop-up windows.
 - You are not done with enrollment until you click both the "Submit Enrollment" and "Done" buttons on the pop-up screen.
- You will receive another email notification when your Confirmation Statement is available to view in myHR.
- Watch the mail for important documents, such as new insurance ID cards.
 - For 2024 coverage, you will receive a new single card for medical and prescription coverage if you are newly enrolled, have changed plans or continue enrollment in a Custom Network or PPO Plan. Dental ID cards will be issued only if you are newly enrolled, and the card will be in the subscriber's name. No card is issued for vision insurance.



Visit the Health Programs webpage (umurl.us/enrollment) for more on medical, dental and vision.



Visit the Disability and Life Insurance webpage (umurl.us/dlins) for more on disability and life options.

Comparison Chart | What You Pay for Covered Expenses in 2024

		HEALTHY SAVINGS PLAN		CUSTOM NETWORK PLAN <i>(Columbia and St. Louis networks)</i>		PPO PLAN <i>(with Tiered Feature, where available)</i>			
		In-network	Out-of-network**	In-network	Out-of-network**	In-network		Out-of-network**	
DEDUCTIBLE	Medical deductible	\$1,750/self; \$3,500/family* (combined)	\$3,500/self; \$7,000/family* (combined)	\$200/self; \$600/family	\$1,500/self; \$4,500/family*	<i>Tiered PPO Plan:</i> \$500/self; \$1,500/family*	<i>PPO Plan:</i> \$800/self; \$2,400/family*	<i>Tiered PPO Plan:</i> \$1,000/self; \$3,000/family*	<i>PPO Plan:</i> \$1,600/self; \$4,800/family*
	Rx deductible			Retail: \$50/person Mail order: \$0/person	Retail: \$50/person Mail order: \$0/person	Retail: \$75/person Mail-order: \$0/person			
SERVICES	Preventive care	\$0	35% or more (AD)	\$0	50% or more (AD)	\$0		40% or more (AD)	
	Primary care	15% (AD)	35% or more (AD)	\$15 copay/visit	50% or more (AD)	<i>Tiered PPO Plan:</i> Tier 1 (♥♥): \$15 copay/visit; Tier 2 (♥): \$30 copay/visit	<i>PPO Plan:</i> \$20 copay/visit	40% or more (AD)	
	Specialist care	15% (AD)	35% or more (AD)	\$40 copay/visit	50% or more (AD)	<i>Tiered PPO Plan:</i> Tier 1 (♥♥): \$35 copay/visit; Tier 2 (♥): \$45 copay/visit	<i>PPO Plan:</i> \$40 copay/visit	40% or more (AD)	
	Urgent care	15% (AD)	35% or more (AD)	\$50 copay/visit	\$50 copay/visit or more	\$50 copay/visit		40% or more (AD)	
	Lab and x-ray*****	15% (AD)	35% or more (AD)	\$5 (basic)/\$100 (advanced)	50% or more (AD)	Applicable coinsurance (AD)^		40% or more (AD)	
	Outpatient care	15% (AD)	35% or more (AD)	10% (AD)	50% or more (AD)	Applicable coinsurance (AD)^		40% or more (AD)	
	Inpatient care <i>(incl. maternity delivery)</i>	15% (AD)	35% or more (AD)	10% (AD)	50% or more (AD)	Applicable coinsurance (AD)^		40% or more (AD)	
	DME	15% (AD)	35% or more (AD)	10% (AD)	50% or more (AD)	Applicable coinsurance (AD)^		40% or more (AD)	
	Emergency room	15% (AD)	15% or more (AD)	\$250 copay/visit (AD)	\$250 copay/visit or more (AD)	\$250 copay/visit (AD)		\$250 copay/visit or more (AD)	
	Ambulance	15% (AD)	15% or more (AD)	\$200 copay/occurrence (AD)	\$200 or more copay/occurrence (AD)	\$200 copay/occurrence (AD)		\$200 or more copay/occurrence (AD)	
Rx	Rx drug: Retail/Mail*** ▪ Formulary generic ▪ Formulary brand ▪ Non-formulary brand	15% (AD)	35% or more (AD)	Greater of copay or coinsurance (AD): ▪ \$10 (retail)/\$20 (mail) or 20% ▪ \$30 (retail)/\$60 (mail) or 25% ▪ \$50 (retail)/\$100 (mail) or 50%	Greater of \$30 copay or 50% network cost (AD)****	Greater of copay or coinsurance (AD): ▪ \$10 (retail)/\$20 (mail) or 20% ▪ \$30 (retail)/\$60 (mail) or 25% ▪ \$50 (retail)/\$100 (mail) or 50%		Greater of \$30 copay or 50% network cost (AD)****	
OUT-OF-POCKET**	Medical limit	\$3,750/self; \$7,500/family* (combined)	\$7,000 or more/self; \$14,000 or more/family* (combined)	\$3,750/self; \$7,500/family*	\$11,250 or more/self; \$22,500 or more/family*	\$3,750/self; \$7,500/family*		\$11,250 or more/self; \$22,500 or more/family*	
	Rx limit			\$5,200/self; \$10,400/family*		\$5,200/self; \$10,400/family*			

Note: "(AD)" indicates "after deductible."

*Considerations for "self" and "family" are different for the Healthy Savings Plan than for the Custom Network Plans and the PPO Plans. See the glossary (umurl.us/glossary) for details.

**Refer to the Summary Plan Description (SPD) for additional details on allowable and eligible expenses when using an out-of-network provider.

***90-day fill/refill at Mizzou pharmacies at same cost as mail order.

****Member will be required to pay the difference between non-participating pharmacy and participating pharmacy charge.

*****For lab and x-ray services, "Basic" includes services such as x-ray, blood work, lipid panel, etc. "Advanced" includes services such as CT scan, PET scan, MRI, etc.

^Tiered PPO Plan:

In-network
10% after deductible: Tier 1 (♥♥) providers; all durable medical equipment, services obtained at free-standing facilities, ambulatory surgical centers and physician offices

20% after deductible: Tier 2 (♥) providers; services obtained at outpatient hospital facilities

^PPO Plan:

In-network
20% coinsurance after deductible

Monthly Premiums and Other Employee Benefit Information

Healthy Savings Plan

Coverage level	Employee Cost	UM Cost
Self only	\$62	\$413
Self and spouse	\$177	\$868
Self and child(ren)	\$156	\$880
Self, spouse and child(ren)	\$303	\$1,379

Custom Network Plan

(Columbia and St. Louis networks)

Coverage level	Employee Cost	UM Cost
Self only	\$92	\$503
Self and spouse	\$259	\$1,050
Self and child(ren)	\$242	\$1,055
Self, spouse and child(ren)	\$437	\$1,669

PPO Plan

(with Tiered Feature, where available)

Coverage level	Employee Cost	UM Cost
Self only	\$187	\$628
Self and spouse	\$457	\$1,336
Self and child(ren)	\$435	\$1,341
Self, spouse and child(ren)	\$735	\$2,150

Dental Base Plan

Coverage level	Employee Cost	UM Cost
Self only	\$15.53	\$15.52
Self and spouse	\$31.05	\$31.05
Self and child(ren)	\$37.68	\$37.68
Self, spouse and child(ren)	\$53.21	\$53.20

Dental Buy Up Plan

Coverage level	Employee Cost	UM Cost
Self only	\$26.18	\$15.52
Self and spouse	\$52.30	\$31.05
Self and child(ren)	\$82.85	\$37.68
Self, spouse and child(ren)	\$111.04	\$53.20

Vision Plan

Coverage level	Employee Cost
Self only	\$5.06
Self and spouse	\$10.08
Self and child(ren)	\$11.00
Self, spouse and child(ren)	\$17.41

Basic Life*

(per \$1,000 of coverage)

Plan Type	Employee Cost	UM Cost
Option A	\$0	\$0.046
Option B	\$0.022	\$0.046

Additional Life Insurance* (also called "Optional Life"; per \$1000 of coverage)

Age as of January 1 (top row) Amount (bottom row)										
<25	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
\$0.043	\$0.051	\$0.068	\$0.077	\$0.085	\$0.128	\$0.196	\$0.366	\$0.561	\$1.08	See below*

Long-Term Disability*

(per \$100/covered monthly salary)

Coverage level	Employee Cost	UM Cost
Core Plan (Option A)	\$0	\$0.124
Buy-Up Plan (Option B)	\$0.133	\$0.124

Short-Term Disability*

(per \$100/covered monthly salary)

Coverage level	Employee Cost	UM Cost
Base Plan	\$0	\$0.52
Buy-Up Plan	\$0.74	\$0.52

Life and Accidental Death and Dismemberment (AD&D) Insurance*

Life and accidental death and dismemberment insurance are available at multiple coverage levels:

- **AD&D:** Coverage from \$25,000 to \$150,000 for self only or self and dependent(s).
- **Dependent Life-Child:** Coverage from \$5,000 to \$25,000.
- **Dependent Life-Spouse:** Coverage from \$10,000 to \$100,000; statement of health form* may be required.
- **Additional Life:** Coverage of up to 8x annual salary to a maximum of \$1,000,000; statement of health form* may be required.

*Visit umurl.us/dlins for eligibility, premium information and statement of health process requirements for each plan.

myHR

You can view and update your personal information or access your paychecks and benefit information in myHR. Log into your myHR at myhr.umsystem.edu. For more information or assistance logging into your account, visit umurl.us/psrh or call HR Information Systems at (573) 884-6996.

Premium Deductions

Monthly premiums are deducted during the month of coverage. Employees who are paid bi-weekly will have half the monthly premium deducted from their first two bi-weekly paychecks of the month. For more benefit information, visit umurl.us/benefits.

HR Service Center

Web: askHR.umsystem.edu or umurl.us/hrsc

Phone: (573) 882-2146, Fax: (573) 882-9603

Email: hrrservicecenter@umsystem.edu

To contact your HR Generalist, visit umurl.us/cbr.

Plan contact information

Additional plan contact information can be found at umurl.us/benadmin.

United Healthcare

Phone: (844) 634-1237
myuhc.com

Delta Dental

Phone: (866) 276-8329
deltadentalmo.com/UM

UHC Nurse Liaison

Phone: (573) 296-0158
umurl.us/nurse

VSP Vision Care

Phone: (800) 877-7195
universityofmo.vspforme.com